

Sheep Herding - Team Building Day

9:00am Tea, coffee and pastries on arrival.

9:30am Delegates move through to the conference room for the morning meeting.
Soft drinks are available on the tables.
(A full day of sheep herding is available if no meeting is to take place.)

Tea and coffee served mid-morning.

12:30pm Delegates break for a finger buffet lunch. (Menu upgrades are available).

1:15pm The aim of each team task is to round up a flock of sheep into a pen. The 'baa' is raised throughout the day as each goal is achieved.

The head shepherd narrates a short video clip from sheep-dog trials to help participants understand how the dog and shepherd work together as a team and if they chose to, they can copy the same strategies.

The unpredictability of the sheep acts as an effective metaphor for all aspects of change that occur in the workplace, either on a micro or macro level. The response and strategies required to overcome the sheep's sporadic behaviour is the key differentiator to other team building activities.

4:00pm: Teams return to the barn for their debrief with tea, coffee and cakes.

5:00pm: Departure



For more information please contact the office on 01453 861161 or info@kingscotebarn.co.uk